Hands-On Support for Daily Living

Sometimes, everyday tasks, like eating and bathing, can become tough to handle on our own. Papa's personal care service brings compassionate, hands-on help directly into your home so you can stay safe, comfortable, and independent.

Whether you're recovering from a hospital stay or just need an extra set of hands with your daily routine, the trained care professionals in our network are here for you.

Through Healthy Mississippi, Inc., you have access to personal care support at no additional cost to you. Visits are available for a minimum of 4 hours at a time.

Mobility & movement

- Support moving safely between beds, chairs, and wheelchairs
- Assistance with walking, transfers, and using mobility aids

Dressing & grooming

- Help with buttons, zippers, fasteners, and shoes
- Assistance with hair care, shaving, and oral hygiene

Bathing & personal safety

- Hands-on help with showering and bathing
- Safe support getting in and out of the tub or shower

Meals & eating

- Gentle assistance during mealtimes
- Support using utensils and adaptive dining tools

Call your health plan today to see if Papa is available to you. If eligible, you may be asked to complete a brief screener before accessing personal care visits.

papa.com